



Recipes from Our Kitchen to Yours

Eagle Catcher Grassfed Beef Bone Broth

2-3 lbs.	Grassfed beef bones
1 T.	Organic Apple Cider Vinegar
1 Tsp.	Salt (your favorite)
1 whole	Garlic Bulb (cut each end)

Put Grassfed beef bones in crock-pot, add all other ingredients to pot, fill pot with water. Cook on low for 24 hours. Cool, refrigerate or freeze & use as needed. You can reuse bones several times, just re-freeze after using.